JOBS

* <http://www.militarywarriors.org/ceos4heroes>
* [http://h2h.jobs/#](http://h2h.jobs/)
* <http://www.militaryhire.com/>
* <http://www.hireveterans.com/>
* <http://recruitmilitary.com/>
* <http://clearedjobs.net/>
* <http://www.getskillstowork.org/>
* <http://www.allvetstates.com/>
* <http://www.helmetstohardhats.org/>
* <http://militaryexits.com/>
* <http://mven.org/index.html>
* <http://www.military.com/veteran-jobs/search>
* <https://semperfifund.org/assistance/>
* US Dept of Labor Return to Work Toolkit <https://www.dol.gov/odep/return-to-work/employee-veterans-wounded-warrior.htm>
* Salary.com to check compensation by location and compare benefits <http://salary.com/>
* Unemployment benefits after the military <http://themilitarywallet.com/unemployment-benefits-for-military-veterans/>
* eMentor <https://ementorprogram.org/p/veteran/about>
* ACP career guidance and mentoring <http://acp-usa.org/>
* Tactical Talent – recruiting firm for veterans <https://www.tacticaltalent.org/>
* VetWorks Inc – transition assistance for Wisconsin veterans <http://www.vetworksinc.org/>
* Bradley Morris Inc – staffing agency for verterans <https://www.bradley-morris.com/>
* Helmets to Hardhats [www.helmetstohardhats.org](http://www.helmetstohardhats.org)

resume assistance

* <http://www.military.com/veteran-jobs/skills-translator/>
* <http://www.militaryonesource.mil/transition/job-preparation-and-resume-writing?content_id=268519>
* <http://www.realwarriors.net/veterans/treatment/civilianresume.php>
* Interview tips for veterans <http://www.realwarriors.net/veterans/treatment/interviewprep.php>
* Semper Fi Fund Education and Career Transition Assistance <https://semperfifund.org/how-we-help/assistance/>
* <http://www.realwarriors.net/veterans/treatment/resumehelp.php>
* For Federal Jobs (might have cost involved) <http://www.resume-place.com/veterans/>
* eMentor <https://ementorprogram.org/p/veteran/about>
* Hire Heroes <https://www.hireheroesusa.org/resume-tools/>

Professional attire assistance

* Save a Suit <http://saveasuit.org/military-veteran/>
* SE Michigan only, Suits for Soldiers <http://www.suitsforsoldiers.org/clothing.html>
* Boots to Heels – Dallas TX, female veterans <http://www.attitudesandattire.org/what-we-do/our-aa-program/boutique.html>

LEGAL ASSistance

* <http://www.americanbar.org/portals/public_resources/aba_home_front/directory_programs.html>
* <http://www.militaryjusticeattorneys.com/>
* <http://www.justiceforvets.org/veterans-treatment-court-locations>
* <http://gainscenter.samhsa.gov/grant_programs/in_your_state.asp>
* <http://www.vetslegal.com/>
* Veterans treatment court mentors <http://www.justiceforvets.org/veteran-mentor-courts>
* Active duty only: GI Rights Hotline <http://girightshotline.org/>
* For VA claims <https://vetadvocates.org/>
* For MST cases <http://www.protectourdefenders.com/>

benefits

* Ebenefits homepage (where you can get a copy of your dd214, apply for benefits, check status on claims and appeals, add dependants and much more) <https://www.ebenefits.va.gov/ebenefits/homepage>
* MyHealthEVet track appointments, download your VA history, renew prescriptions and more <https://www.myhealth.va.gov/index.html>
* Link to State Veteran’s Benefits <http://www.military.com/benefits/veteran-state-benefits/state-veterans-benefits-directory.html>
* VA app store to access VA programs on your mobile phone <https://mobile.va.gov/appstore>
* Mobile Apps for per diem pay and other needs <http://militarylounge.com/#innovative-apps>
* Video on how to file for disability benefits with the VA <https://www.youtube.com/watch?v=RSzX029_ohA>
* Info on the VA claims process and how it works <http://www.benefits.va.gov/COMPENSATION/process.asp>
* Use a VSO to help file! Any DAV, VFW or AL post can help you OR you can use your appointed state and county Veteran Service Officer [www.nacvso.org](http://www.nacvso.org)
* <http://www.benefits.va.gov/BENEFITS/Applying.asp>
* Apply for VA Health Care <https://www.vets.gov/healthcare/apply/>
* GI Bill Benefits <http://benefits.va.gov/gibill/>
* Benefits that may be available to veterans and their families <http://explore.va.gov/>

benefits advocacy

* <http://www.nvlsp.org/>
* National Association of Veterans Service Officers [www.nacvso.org](http://www.nacvso.org)
* <http://www.vfw.org/Assistance/>
* <http://www.dav.org/veterans/find-your-local-office/>
* OASIS Group, for special operations personnel <http://oasisgrp.org/>
* 03XX Foundation – For USMC Infantry/Recon & FMF Corpsmen <https://03xx.org/about-us/>

Mentoring

* GallantFew: Intake form for veterans and veteran mentors <http://gallantfew.org/signup/>
* SemperFi Fund Veterans2Veterans Program:

<https://semperfifund.org/assistance/>

* Warfighter Foundation Senior Marine Program

<http://www.warfighterfoundation.org/senior-marine-program/>

* VA Vet Center (staffed by vets in the community) <http://www.va.gov/directory/guide/vetcenter_flsh.asp>
* eMentor <https://ementorprogram.org/p/veteran/about>
* ACP career guidance and mentoring <http://acp-usa.org/>

Housing

* VA’s HUDVASH program for emergency housing program 1-877-4AID-VET
* VA Supportive Services for Veteran Families also 1-877-4AID-VET
* US VETS (AZ, CA, MO, NV, TX, DC) <http://www.usvetsinc.org/programs-services/>

213.542.2600

* Vet Centers Readjustment program <http://www.va.gov/directory/guide/vetcenter_flsh.asp>
* National Coalition for Homeless Veterans **1-800-VET-HELP**
* American Legion Homeless Veteran Task Forces Contacts List

<http://www.legion.org/homelessveterans/findhelp>

* Los Angeles Homeless Services Authority HUDVASH info and criteria <http://lahsa.org/veteran_resources>
* HUD portal for homelessness assistance

<http://portal.hud.gov/hudportal/HUD?src=/program_offices/comm_planning/homeless>

* List of Stand Downs for Homeless Vets

<http://www.va.gov/homeless/events.asp>

* Phoenix-UMOM <https://www.umom.org/learn-more/programs-services/veterans-programs/>
* CA CalVet VHHP Program <https://www.calvet.ca.gov/VHHP>
* MA <http://www.mass.gov/veterans/housing/help-with-rent-and-finding-a-place-to-live.html>

education

* VA’s GI Bill info page <http://www.benefits.va.gov/gibill/>
* Assistance in paying for a tutor <http://www.benefits.va.gov/gibill/tutorial_assistance.asp>
* Info on Post 9/11, Montgomery, Reservist and other GI Bill programs <http://www.military.com/education/gi-bill>
* GI Bill Calculator <http://www.military.com/apps/reg/gi-bill-calc-reg?vlv_redir=http%3A%2F%2Fwww.military.com%2Fgi-bill-calculator%2F>
* GI Bill Application Process (Remember sometimes GI Bill can be late, and may not start til your first or second week of school! Have a back up plan!) <http://www.military.com/education/gi-bill/post-9-11-gi-bill-application-process.html>
* House Committee on Veteran Affairs FAQ on GI Bill Benefits <http://veterans.house.gov/gibillfaq>
* Vocational Rehabilitation Program <http://www.military.com/benefits/veteran-benefits/vocational-rehabilitation-and-employment.html>
* VEAP Program <http://www.benefits.va.gov/gibill/veap.asp>
* College Guide mobile app to find which schools accept GI Bill. iOS only <http://militarylounge.com/college-guide-post-911-gi-bill-benefits-for-military-soldiers/>
* Semper Fi Fund Education and Career Transition Assistance <https://semperfifund.org/how-we-help/assistance/>
* Student Veterans of America <http://studentveterans.org/>

Mental health, ptsd resources & retreats

* Headstrong Project <http://getheadstrong.org/get-help/>
* <http://www.mentalhealth.va.gov/>
* <http://afterdeployment.dcoe.mil/>
* <http://battletap.org/home.aspx>
* <http://www.cominghomeproject.net/>
* For female veterans! <http://www.graceafterfire.org/>
* <http://maketheconnection.net/>
* Common signs of PTSD and what to do <http://maketheconnection.net/conditions/ptsd#1>
* Mental Health Self Assessments <http://afterdeployment.dcoe.mil/military_pathways>
* <http://www.ptsd.va.gov/>
* Coping with Deployments Families Course <http://www.redcross.org/find-help/military-families/deployment-services/coping-deployment-course>
* Post deployment reintegration workshops <http://www.redcross.org/find-help/military-families/deployment-services/register-reconnection-workshops>
* Vet Centers: staffed by vets, assistance with counseling and transition <http://www.vetcenter.va.gov/>
* MA only, HomeBASE program <http://www.homebaseprogram.org/general-information.aspx>
* Battle in Distress crisis intervention <http://battleindistress.org/>
* **22 Until None also has access to FREE counselors that assist veterans. For a referral please contact us via the website** [**www.22untilnone.org**](http://www.22untilnone.org) **or the facebook page 22 Until None**
* The Refuge – inpatient PTSD therapy for combat PTSD and MST. Takes insurance and also has financing. <http://www.therefuge-ahealingplace.com/ptsd-treatment/military-combat/>
* Active duty only- Vista del Mar inpatient program. PTSD trauma program and also offers dual diagnosis and chemical dependency treatment. <http://www.vistadelmarhospital.com/Military%20Support>
* Operation Warrior Refuge equine therapy <http://www.owr22.org/home/>
* Equines for Freedom <http://equinesforfreedom.org/>
* Outward Bound outdoor retreats for veterans <http://www.outwardbound.org/veteran-adventures/outward-bound-for-veterans>
* Heroes on the Water <http://heroesonthewater.org/>
* Operation Second Chance <http://www.operationsecondchance.org/retreats>
* Courage Beyond <https://couragebeyond.org/services-2/retreats/>
* Sparta Project 5 day retreat program <http://utransform.org/>
* Wounded Veteran Retreat Program [www.woundedveteranretreatprogram.com](http://www.woundedveteranretreatprogram.com)
* Hogs for Heroes <http://www.hogsforheroes.org/>
* Combat Wounded Veteran Challenge <http://combatwounded.org/>
* Warriors and Quiet Warriors <http://warriorsandquietwaters.org/>
* Warfighter Foundation Expeditionary Program combat vets only <http://www.warfighterfoundation.org/warfighter-expeditionary-operations/>
* Valhalla Project ptsd project by homesteading

<http://www.valhalla-project.com/p/frequently-asked-questions.html>

* Operation We Are Here

<http://www.operationwearehere.com/PTSDandTBIRetreats.html>

* Camp Hope PTSD program Houston TX <http://ptsdusa.org/camp-hope/>
* VA PTSD Program Locator <http://www.va.gov/directory/guide/ptsd_flsh.asp>
* Warrior’s Heart – addiction treatment for veterans, San Antonio TX <http://www.warriorsheart.com/>
* California Palms addiction treatment center, approved for VA Choice program <http://www.caliparc.com/>
* Motorcycle Missions- therapy building motorcycles <http://www.motorcycle-missions.org/>
* Project New Hope, MA. – retreats for vets with PTSD, TBI, MST survivors, etc <https://www.projectnewhopema.org/>
* Heroes Sports <http://www.heroessports.org/>
* Camp Valhalla <https://campvalhalla.com/>
* Operation Combat BikeSaver <https://www.combatbikesaver.org/>

for spouses/family of veterans with PTSD

* <http://familyofavet.com/PTSD_TBI_marriage_help.html>
* Coming Home Project- retreats for OIF/OEF vets and their families <http://www.cominghomeproject.net/chp_retreats>
* <http://www.ptsd.va.gov/public/family/ptsd-and-relationships.asp>
* <http://familyofavet.com/coping_skills_PTSD_spouse.html>
* <http://www.veterancaregiver.com/>
* <http://www.ptsd.va.gov/public/family/partners-of-vets.asp>
* Warrior Beach Retreat – 7 day retreat for veterans and their families <http://warriorbeachretreat.org/apply/>
* Healthy Relationships online class from Courage Beyond: <https://couragebeyond.org/services-2/online-classes/healthy-relationships/>
* VHA’s Marriage Retreats for Returning Veterans program <http://www.va.gov/health/NewsFeatures/20120223a.asp>
* Dept of Defense Warrior Care <http://warriorcare.dodlive.mil/caregiver-resources/>
* Hearts of Valor <https://www.heartsofvalor.org/>
* Healing Household 6 <http://healinghousehold6.org/>
* National Caregiver Support Line <http://www.caregiver.va.gov/>
* For couples <http://veterans.pairs.com/>
* Warrior Beach Retreat – 7 day retreat for veterans and their families <http://warriorbeachretreat.org/apply/>
* Coming Home Project- retreats for OIF/OEF vets and their families <http://www.cominghomeproject.net/chp_retreats>
* Article on Cmpassion Fatigure <http://www.giftfromwithin.org/html/Compassion-Fatigue-What-Veteran-Caregivers-Need-to-Know.html>

financial

Keep in mind each resource has their own criteria, it is imperative you check with each organization

* Financial Planning and assistance, for USMC Infantry/Recon& FMF Corpsmen <https://03xx.org/about-us/>
* VFW Unmet Needs <http://www.vfw.org/nms/>
* Modest Needs- emergency financial for recently EAS veterans and civilian assistance program for vets who have been out longer <https://www.modestneeds.org/index.asp>
* Impact A Hero <http://impactplayer.org/programs/iah-emergency-financial-aid/>
* Semper Fi Fund <https://semperfifund.org/how-we-help/assistance/>
* Operation First Response for wounded vets <http://www.operationfirstresponse.org/>
* Step So Cal for active duty and recently separated vets in SD and OC counties <http://www.stepsocal.org/>
* LIHEAP Program for low income families, assistance with utility bills <http://www.acf.hhs.gov/programs/ocs/programs/liheap>
* Military Assistance Mission AD or NG only [www.azmam.org](http://www.azmam.org)
* USA Cares- Programs for recently separated veterans <http://www.usacares.org/>
* Operation Family Fund- combat wounded, rated 70% or more <http://www.operationfamilyfund.org/how-to-apply-for-assistance/>
* List of various organizations who do financial assistance for veterans <http://www.familyofavet.com/financial_help_for_veterans.html>
* 22 Until None also does financial assistance in the form of food cards and utility payments $200

Or under. [www.22untilnone.org](http://www.22untilnone.org)

* Warrior 360 <http://www.warrior360.org/>
* TEXAS ONLY: Defenders of Freedom <http://defendersoffreedom.us/>
* TX NG ONLY: [www.txngfoundation.org](http://www.txngfoundation.org)

Wellness

* Breathing exercises from veterans yoga project <http://www.veteransyogaproject.org/practice.html>
* Gym memberships for vets with 30% rating from combat related injury. Catch a Lift Fund <http://www.catchaliftfund.com/about-us/>
* Yoga for vets, search function for local areas <http://www.yogaforvets.org/resources>
* Resources to help stop drinking <https://vetchange.org/home>
* Hyberbaric Oxygen Therapy for AZ vets [www.hbotofaz.org](http://www.hbotofaz.org)
* NC veterans, yoga and mediation <http://www.warriorwellnesssolutions.org/>
* Gym memberships for veterans <https://www.liftforthe22.com/>
* NY/Westchester County, writing workshops for veterans <http://www.veteranswritingworkshop.org/vwwpages/whoweare.html>
* Foundation for Art & Healing <http://www.artandhealing.org/art-healing-ptsd/>
* Colorado- Art of War Project <http://www.artofwarproject.com/>
* Armed Services Arts Partnership <http://www.asapasap.org/>
* Guitars For Vets <http://guitars4vets.org/>
* American Healing Arts Foundation <http://www.americanhealingartsfoundation.org/>
* Chiropractic care, The Patriot Project <http://www.patriot-project.org/>
* Yoga for veterans, Connected Warriors <http://connectedwarriors.org/>
* Patriot Project, free chiropractic care for veterans <http://www.patriot-project.org/>
* YogaFit for Warriors – PTSD: may be cost involved <https://www.yogafit.com/teacher-training/YogaFit-for-Warriors-PTSD/>

Service dog resources

* TADSAW San Antonio TX 210-643-2901 [www.tadsaw.org](http://www.tadsaw.org)
* Handi Dogs Tuscon AZ [www.handi-dogs.org](http://www.handi-dogs.org)
* Alpha K9 Sacramento CA [www.alphak9.org](http://www.alphak9.org)
* Canine Support Teams Temecula CA [www.caninesupportteams.org](http://www.caninesupportteams.org)
* Next Step Service Dogs Carlsbad CA [www.nextstepservicedogs.org](http://www.nextstepservicedogs.org)
* Operation Freedom Paws Gilroy CA [www.operationfreedompaws.org](http://www.operationfreedompaws.org)
* Paws for Purple Hearts Rohnert Park CA [www.pawsforpurplehearts.org](http://www.pawsforpurplehearts.org)
* Sam Simon Foundation Malibu CA [www.samsimonfoundation.org](http://www.samsimonfoundation.org)
* Wounded Warrior Pack Oceanside CA

[www.sherrisprojectwoundedwarriorproject.org](http://www.sherrisprojectwoundedwarriorproject.org)

* Freedom Service Dogs Englewood, CO [www.freedomservicedogs.org](http://www.freedomservicedogs.org)
* Educated Canines Torrington CT [www.ecad1.org](http://www.ecad1.org)
* Florida Dog Guides Bradenton FL [www.floridadogguidesftd.org](http://www.floridadogguidesftd.org)
* K9s for Warrios Ponte Beach FL [www.k9sforwarriors.org](http://www.k9sforwarriors.org)
* Hawaii Fido Kahuku HI [www.hawaiifido.org](http://www.hawaiifido.org)
* Coalition for the Empowerment of Patriots Griffith IN [www.empoweringpatriots.org](http://www.empoweringpatriots.org)
* Puppy Jake Foundation DesMoines IA [www.puppyjakefoundation.org](http://www.puppyjakefoundation.org)
* Hero Dogs Brookville MD [www.hero-dogs.org](http://www.hero-dogs.org)
* Operation Delta Dog Chelmsford MA [www.operationdeltadog.org](http://www.operationdeltadog.org)
* Super Fido Marlton NJ [www.semperfido.org](http://www.semperfido.org)
* Paws and Stripes Rio Rancho NM [www.pawsandstripes.org](http://www.pawsandstripes.org)
* 4Paws4Patriots Southern CA <http://4paws4patriots.com/>
* Puppies Behind Bars NYC [www.puppiesbehindbars.com](http://www.puppiesbehindbars.com)
* Battle Buddy Foundation Olde West Chester OH [www.tbbf.org](http://www.tbbf.org)
* Battle Buddies USA Newport, RI [www.USAbattlebuddies.org](http://www.USAbattlebuddies.org)
* Hounds Helping Heroes Heal Mansfield TX [www.h4hero.com](http://www.h4hero.com)
* Service Dog Express San Antonio TX [www.servicedogexpress.com](http://www.servicedogexpress.com)
* Paws for Purple Hearts Arlington VA [www.pawsforpurplehearts.org](http://www.pawsforpurplehearts.org)
* Vets Moving Forward Catharpin, VA

[www.vetsfwd.org](http://www.vetsfwd.org)

* Northwest Battle Buddies Battle Ground WA [www.northwestbattlebuddies.org](http://www.northwestbattlebuddies.org)
* Custom Canines Madison WI [www.customcanines.org](http://www.customcanines.org)
* WAGS Madison WI [www.WAGS.net](http://www.WAGS.net)
* Semper Fi Fund’s Tim and Sandy Day Canine program <https://semperfifund.org/how-we-help/assistance/>

Anxiety/panic tools

* <http://www.calmclinic.com/anxiety/treatment/breathing-exercises>
* <http://www.wikihow.com/Help-Someone-Having-a-Panic-Attack>
* <http://panicfreeme.com/213/10-tips-to-jumpstart-your-recovery-from-panic-attacks/>
* Flashbacks <http://maketheconnection.net/symptoms/flashbacks>

Military retirement

* <http://www.military.com/benefits/military-pay/the-military-retirement-system.html>
* <http://www.dfas.mil/retiredmilitary.html>
* <http://myarmybenefits.us.army.mil/Home/Benefit_Calculators/Retirement.html>
* <https://www.usaa.com/inet/pages/advice_military_retirement_main?akredirect=true>
* <http://militaryadvantage.military.com/category/retiree-benefits/>

mobile apps for benefits/info

* <https://mobile.va.gov/>
* PTSD Coach <http://www.ptsd.va.gov/public/materials/apps/PTSDCoach.asp>
* Mindfulness Coach <http://www.ptsd.va.gov/public/materials/apps/mobileapp_mindfulness_coach.asp>
* <http://militarylounge.com/#apps>
* Claims Coach <http://www.legion.org/claimscoach#_blank>

Relocation assistance

* Military OneSource <http://www.militaryonesource.mil/moving?content_id=266923>
* American Legion Members discounts on moving & relocation <http://www.legion.org/benefits/moving>

FEMALE VETERANS

* Grace After Fire <http://www.graceafterfire.org/>
* Boots to Heels- Dallas, TX Boots to Heels – Dallas TX, female veterans <http://www.attitudesandattire.org/what-we-do/our-aa-program/boutique.html>
* Free counseling for MST survivors <http://www.va.gov/directory/guide/vetcenter.asp>
* Center Point Retreats <http://www.centerpointretreats.org/>
* Kieve Wavus Veterans Camp (check schedule for womens retreat) <http://www.kieve.org/veterans/>
* Operation Second Chance <http://www.operationsecondchance.org/retreats>
* Job resources for female vets from US Dept of Labor <https://www.dol.gov/vets/womenveterans/>
* Maternity and Womens Care through the VA <http://www.womenshealth.va.gov/WOMENSHEALTH/OutreachMaterials/GeneralHealthandWellness/maternity.asp>
* Financial assistance and leadership programs for female vets <http://www.f7group.com/>
* Fatigues to Fabulous, assistance transitioning to civilian life <http://www.fatiguestofabulous.com/>
* Emergency housing assistance for female vets <http://www.militarywomeninneed.org/>
* Emergency financial assistance and work attire for female vets <http://www.onesavvyveteran.org/#!repairs/cuy0>
* Operation Reinvent, helping female vets transition into the civilian workforce <http://operationreinvent.org/>
* She S.E.R.V.E.D.- rucksacks of care items for at risk female vets, retreats, work attire assistance <http://www.she-served.org/programs>
* For MST cases, even after ETS/EAS <http://www.protectourdefenders.com/>

Misc resources

* Let’s Roll Foundation, affordable auto care for veterans in Arizona. <http://www.letsrollfoundation.com/>